

GOUT IS ON THE RISE.

Do you know your uric acid number?

Gout is the most common form of inflammatory arthritis, affecting **8.3 MILLION** Americans.



ELEVATED URIC ACID IS THE ROOT CAUSE OF GOUT, YET...



MORE THAN 8 IN 10 Americans don't know the target uric acid level for gout.



6 IN 10 Americans don't know that elevated uric acid increases risk for gout.



ONLY HALF of people with gout believe it's important to monitor uric acid levels regularly.



LOW AWARENESS IS TRANSLATING INTO LACK OF ACTION.

TWO-THIRDS

of Americans have never had their uric acid tested.



JUST 10%

of Americans overall –

and 38%

of people with gout – have had their uric acid checked within the past 6 months.

If you have or are at risk for gout, remember to "Go for 6." Get your uric acid levels checked **every 6 months** and aim for a recommended target of **6 mg/dL or below**.



GOUT & URIC ACID
EDUCATION SOCIETY™

LEARN MORE AT GOUTEDUCATION.ORG