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Gout & Uric Acid Education Society Introduces New Spanish-Language Patient Resources

PITTSBURGH, Aug. 13, 2014 – As the most common form of inflammatory arthritis today, gout is growing in epidemic proportions in the United States. With prevalence of comorbid health issues – including diabetes, high blood pressure and obesity – also on the rise, Hispanic Americans face even greater risks for developing gout.

To help raise gout awareness and encourage proper diagnosis and management among at-risk Hispanic populations, the Gout & Uric Acid Education Society (GUAES) is expanding the availability of its Spanish-language patient resources.

An **infographic** featuring quick facts about gout and treatment options – which can double as a poster for medical professionals to place in waiting or exam rooms – and six patient **fact sheets** are now available in both English and Spanish through

GoutEducation.org. Fact sheet topics include:

- Frequently Asked Questions and Answers about Gout
- Who Gets Gout and Why?
- Living Healthy with Gout
- Talking with your Doctor about Gout
- Medical Advice for Patients with Gout
- Gout Medications: Do's and Don'ts



“The Hispanic population is not only growing in size, but also continues to represent a large and growing portion of gout sufferers,” said N. Lawrence Edwards, M.D., Professor of Medicine, Rheumatology and Clinical Immunology, University of Florida, and Chairman and CEO of

Spanish-Language Resources – 2

GUAES. “Recognizing that more than three out of four Hispanic Americans speak at least some Spanish, we are pleased to introduce new Spanish-language gout resources and hope to continue to expand our offerings in the future.”

A Spanish version of the popular “Take a Stand on Gout” patient **brochure** is also available through GoutEducation.org. Printed copies of the brochure and infographic/poster can be ordered free-of-charge by patients and medical professionals through the website, or by contacting Laura.Shore@havasww.com.

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About the Gout & Uric Acid Education Society

The Gout & Uric Acid Education Society (GUAES) is a nonprofit organization of health care professionals dedicated to educating the public and health care community about gout – the most common form of inflammatory arthritis – and the related consequences of hyperuricemia. With the aim of improving the quality of care and minimizing the burden of gout, GUAES offers complimentary resources for both the general public and medical professionals at gouteducation.org. Twitter: [@GoutEducation](https://twitter.com/GoutEducation) Facebook: [Gout Education](https://www.facebook.com/GoutEducation)