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Gout & Uric Acid Education Society Introduces New Interactive Quiz to Educate and Challenge Americans to Test their Gout Knowledge

PITTSBURGH, Sept. 25, 2014 – Gout is the most common form of inflammatory arthritis, yet the vast majority of Americans know almost nothing about it – and just 10 percent of people with gout are getting needed, ongoing treatment. Recognizing an urgent need to raise gout awareness and encourage more sufferers to take steps toward optimal gout management, the Gout & Uric Acid Education Society (GUAES) has introduced a new interactive and educational quiz through its website.

Found at GoutQuiz.org, the 10-question quiz challenges Americans to find out how much they really know about gout – including what it is, classic symptoms and risk factors, how a diagnosis is made and steps toward better treating and managing the disease. Information and educational resources are provided throughout the experience, and at the end, users are encouraged to share their results with family members and friends.

A screenshot of the Gout Quiz registration form. The form is titled "What's My Gout IQ?" and asks for personal information: "Please tell us your:" followed by fields for "Age", "Gender" (with radio buttons for "Male" and "Female"), "Ethnicity", and "Email (optional)". A red "Begin" button is at the bottom. To the right, a section titled "How Much Do You Really Know About Gout?" includes a brief description of the quiz and a link to "GoutEducation.org".

“Our research has shown that most Americans – and even those who have gout – do not perceive gout as a serious condition and underestimate the need for ongoing treatment and management to reduce future flares and permanent joint damage,” said N. Lawrence Edwards, M.D., Professor of Medicine, Rheumatology and Clinical Immunology, University of Florida, and Chairman and CEO of GUAES. “We hope that the education and resources provided through the quiz will encourage more sufferers to take a stand on gout by seeking regular care and adhering to the treatment plan recommended by their physician.”

While the quiz can be taken anonymously, GUAES will be able to track overall patterns and scores to determine what areas of education are needed the most. “It is our hope to take this information into consideration as we expand our library of educational resources,” added Dr. Edwards.

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To take the quiz, visit GoutQuiz.org. Additional education and resources are available through the GUAES website at GoutEducation.org.

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About GUAES

The Gout & Uric Acid Education Society (GUAES) is a nonprofit organization of health care professionals dedicated to educating the public and health care community about gout – the most common form of inflammatory arthritis – and the related consequences of hyperuricemia. Additional information and resources are available at gouteducation.org. Twitter: [@GoutEducation](https://twitter.com/GoutEducation) Facebook: [Gout Education](https://www.facebook.com/GoutEducation)